



Nova Scotia Teachers Union

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MEMORANDUM

TO: Teachers' Pension Plan Members

FROM: Staff

DATE: August 19, 2026

RE: *Teachers' Pension Act Regulations*

As you may recall, the Regulations under the *Teachers' Pension Act* were amended in 2019 to increase the number of days that a person in receipt of a Teachers' Pension could work as a substitute teacher (or auxiliary faculty member) to 99.5 days without affecting their pension. For the 2024-2025 and 2025-2026 school years, the number of days a person in receipt of a Teachers' Pension could work as a substitute teacher (or auxiliary faculty member) was increased to 119.5 days.

The sponsors of the Teachers' Pension Plan have recently agreed to the following amendment for the 2026-2027 school year which **reduces** the number of days that a person in receipt of a Teachers' Pension could work as a substitute teacher (or auxiliary faculty member) to 99.5 days.

For the 2026-2027 school year, persons in receipt of a Teachers' Pension can:

1. Work for less than 70 days (up to 69.5 days) in a term position;
2. Work for less than **100** days (up to **99.5**) days as a substitute teacher or auxiliary faculty member;
and
3. Days in item 1 count towards the days in item 2.

If you have any questions regarding this amendment, please feel free to contact us at pension@nstu.ca.