

The RTO is the official body representing the retired teachers of Nova Scotia and will advance, promote and protect the welfare of its members



Medical Information Card

Sponsored by:

The Retired Teachers Organization of Nova Scotia

rtonstu.ca

List all medications you take, including non-prescription

Always carry this card and keep it current

Drug Name	Strength	when taken & now Offen
Example: Vitamin C	200 mg	3 times a day, with meals
		-
	-	